

**Tucker County Health Department
December 30, 2021
Update to Isolation and Quarantine Period for COVID-19**

Individual Tested Positive for COVID-19 Isolate (Positive Cases)

Everyone, regardless of vaccination status

- **Self-isolate for 5 days**
- **Release from isolation after day 5 if asymptomatic or symptoms are improving**
- **Recommend wearing a well-fitted mask around others through day 10**

Individual Was Exposed to COVID-19 Quarantine (Contacts)

Fully vaccinated individuals with Pfizer or Moderna who completed their primary series within the last 6 months OR Fully vaccinated individuals with J&J/Janssen who completed their primary series within the last 2 months and who have not received their booster OR Fully vaccinated individuals who have received their booster

- **No quarantine is required unless symptoms develop**
- **Recommend testing 5 days after exposure**
- **Recommend wearing a well-fitted mask around others for 10 days**
- **Recommend testing and staying home if symptoms develop**

Fully vaccinated individuals with Pfizer or Moderna who completed their primary series over 6 months ago and who have not received their booster OR Fully vaccinated individuals with J&J/Janssen who completed their primary series over 2 months ago and who have not received their booster OR Unvaccinated individuals

- **Quarantine for 5 days from last exposure**
- **Recommend testing 5 days after exposure**
- **Recommend wearing a well-fitted mask around others for 10 days**
- **Recommend testing and staying home if symptoms develop**